



KidsTLC
Annual Report
2023

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KidsTLC 2023 Annual Report: A Year of Hope and Transformation

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A Note from Our CEO

Dear Friends and Supporters,

As I reflect on 2023, I'm filled with pride, gratitude and deep admiration for the unwavering spirit of our KidsTLC community. This past year was one of transformational growth and resilience—not just for the more than **1,800 children and families** we served, but also for our organization as a whole. Together, we helped young people rewrite their stories and move toward more stable, hopeful futures.



At the heart of this impact are the people—our dedicated staff, passionate volunteers, generous donors and devoted partners—who believe in the power of healing and connection. In 2023, we placed a strong focus on improving **staff retention and realigning our staffing structure** to better support our team and those we serve. One milestone was hosting our **first-ever Staff Health & Wellness Fair**, a meaningful step in promoting self-care and appreciation for the heroes on our campus.

With generous contributions through our **Rooted in Hope capital campaign**, now more than **75% to goal**, we began significant **campus renovations** that will expand our services and create even more trauma-informed, healing- centered spaces. These updates are more than bricks and mortar—they are symbols of progress, compassion and hope.

We also deepened our commitment to **creating a culture of belonging** where every child, family, and team member feels seen, valued and safe. This work is vital to our mission and strengthens the foundation for the transformative journeys that begin here every day.

In 2023, **special events and community partnerships** played a powerful role in funding our mission. Thanks to our incredible donors, sponsors and volunteers, these gatherings not only raised crucial dollars but also raised awareness of the important work happening across our programs.

Looking back, it's clear: 2023 was a year of momentum. It was a year that pushed us forward, challenged us to grow and reminded us why this work matters. And as we look ahead, we do so with renewed determination to keep showing up, speaking hope and delivering life-changing care.

Thank you for believing in our mission, for standing beside us and for helping transform lives. We could not do this without you.

With gratitude,

Dr. Erin Dugan, President & CEO, KidsTLC

Reach

PRTF staff served **188 clients**.

188

84% of parents reported noticed a reduction in problem severity.

Time

PRTF staff administered **17,318 hours** of therapy.

17,318

Assistance totaled **24,206 days** of care.

Hopefulness

84% of parents reported feeling more hopeful after their child's PRTF experience.

84%

Additionally, **78% of parents** reported an increase in their child's functioning.

Satisfaction

93% of parents reported satisfaction with PRTF services.

93%

73% of children reported satisfaction with PRTF services.

Psychiatric Residential Treatment Facility



*Get a glimpse into
the PRTF program!*

Up to 90% of the youth served through KidsTLC's Psychiatric Residential Treatment Facility (PRTF) have a history of childhood trauma, abuse or neglect, as well as disrupted attachments. Most have multiple complex diagnoses and are admitted because of early relational challenges that have created emotional and behavioral instability. But there is hope, even for the most challenging cases!

KidsTLC uses a range of gold-standard treatments in our therapeutic work, including evidence-based powerhouse modalities like Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), Applied Behavioral Analysis (ABA) and Motivational Interviewing.

Coupled with our relational- and trauma-focused philosophy of care, the internationally hailed Dyadic Developmental Psychotherapy (DDP), we create a safe and empathetic environment for children and their families to heal.

"I want to say thank you for all the help you gave me! I was there for seven months, and I do miss it. But I'm glad I'm home! Things are going really well! I hope people are there getting the help they need because that's what I did!"



Reach

The Lotus Clinics staff served **1,209 clients**.

1,209

73% of parents reported feeling more hopeful after their family's Lotus Clinics experience.

Time

The Lotus Clinics staff administered **14,903 hours** of therapy.

14,903

In that time, our staff had **11,853 encounters** with clients.

Functioning

91% of families reported a reduction in problem severity.

91%

Additionally, **62% of families** noticed an increase in their child's functioning.

Satisfaction

89% of children reported satisfaction with Outpatient services.

89%

82% of parents reported satisfaction with Outpatient services.

The Lotus Clinics

Children and families with emotional, behavioral and mental health concerns find compassionate care at the Lotus Clinics, where we know mental health is health!

Our comprehensive services include outpatient therapy, an Intensive Outpatient Program (IOP) and medication management.

With a deep commitment to understanding each individual's unique needs, we work toward optimum well-being through individual, family and group therapies that tackle a wide range of challenges.

In the fall of 2023, the Lotus Clinics moved to an expansive new location just a few miles from our main campus, enhancing our ability to serve the community.

"My therapist gave me a lot of help when I was sad and anxious. He helped me get along better with my friends and family, and now, I'm doing better in school, too."



*Get a glimpse into
the Lotus Clinics!*



*Get a glimpse into
the IOP program!*

Reach

Trellis Center staff served **52 clients**.

52

92% of parents reported feeling more hopeful since beginning services.

Time

Trellis Center staff administered **29,396 hours** of therapy.

29,396

This included Applied Behavioral (ABA) therapy, patient training and occupational and speech-language therapies.

Quality of Life

98% of families reported that their child's quality of life improved since beginning services.

98%

89% of parents reported decreased stress levels since beginning services.

Satisfaction

100% of discharge families reported satisfaction with Trellis Center services.

100%

75% of families said they are "extremely likely" to recommend Trellis Center services to others.

The Trellis Center

The Trellis Center at KidsTLC provides a compassionate and comprehensive range of services for families navigating Autism Spectrum Disorders and related developmental disabilities.

Our dedicated, multi-disciplinary team of highly skilled professionals collaborates to understand each child's unique needs and craft tailored treatment plans that foster growth and independence.

Services include Applied Behavior Analysis (ABA), behavioral support, language and communication therapy, social skills development, parent training and pre-academic and academic readiness—empowering children as young as 18 months to reach their full potential.



Get a glimpse into the Trellis Center program!

“Life since discharge has been great! Tommy* is successful at school because of the wonderful treatment he received at KidsTLC. He is getting ready for high school, and his teachers believe he will be able to go to college. His teachers describe him as a leader, and he is becoming more independent and self-sufficient. None of this would be possible without the incredible staff at KidsTLC, who truly changed our lives.”



**Name has been changed to respect client privacy.*

More Community & Campus Happenings

Thriving Communities

The Thriving Communities program offers assistance in navigating the complexities of finding mental health care and daily living support. In 2023, 382 individuals found support through 1,013 program encounters. And more than 100 social media posts were published in Spanish to foster safety and strong family relationships among all members of our community.

Family Therapy

Our team provided more than 3,000 hours of family therapy and training across all KidsTLC programs in 2023. This includes nearly 800 hours of KidsTLC Cares (Caregiver Attitudes Reinforced with Education & Support) in person and online.

Rooted in Hope Capital Campaign

In the fourth year of our capital campaign, KidsTLC continued its commitment to use the funds to provide better facilities and vital service lines for children and families in need. Significant renovations were made to the newest building acquisition for psychiatric residential treatment, security systems improved and the playground resurfaced.

Other Updates

KidsTLC continued to expand its Holistic Wellness efforts for staff. Taking care of those who take care of our kids remains a top priority! By fostering a culture of well-being, we ensure our team feels supported, valued and empowered to provide the best care possible.



Board Members

KidsTLC Board of Directors

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Kathy Baker
Shawn Barber
Jeanene Bartel
Gary Church
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Mary Lynn Thomas



Financials

Revenue:
\$27,908,785

Programs: **76%**

Capital Campaign: **13%**

Contributions, Grants, Fundraising,
Investments & In-Kind **11%**

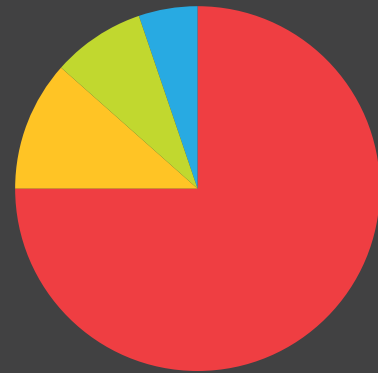
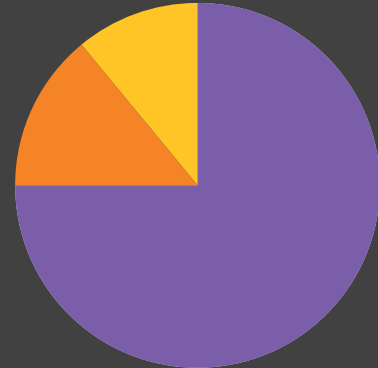
Program Expenses:
\$23,518,276

PRTF **75%**

Other **12%**

Trellis Center **9%**

Lotus Clinics **4%**



Volunteers

In 2023, KidsTLC volunteers, comprised of **978** individual, faith-based and corporate contributors, completed **8,559** service hours, valued at **\$286,632**



Thank You, Donors!

Champion of Children (\$25,000+)

Alcohol Tax Fund* • Bank of America • Anonymous Donor • The Bicknell Family Foundation • Janet and Clay Blair III • Cindy and Richard Dummermuth • William Dunn, Sr. • E. Kemper Carter and Anna Curry Carter Community Memorial Trust • Garmin International Inc. • Hall Family Foundation • Julie and Rob Heise • J.E. and L.E. Mabee Foundation • JE Dunn Construction Company • John W. & Effie E. Speas Memorial Trust, Bank of America, N.A., Trustee • Kao Family Foundation • Kompass Kapital Foundation • Donna and Tom Mertz • Jill and Tim Phillips • REACH Healthcare Foundation • Sarli Family Foundation • Ward Schraeder • The Ronald D. Deffenbaugh, Sr. Foundation • United Way of Greater Kansas City • William T. Kemper Foundation - Commerce Bank, Trustee

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Tow Service, Inc. • The BMA Foundation • Tommy's Express Car Wash • Nancy and Stan Woodworth • Jenny and Jason Wright

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Give a Kid TLC (\$1,000+)

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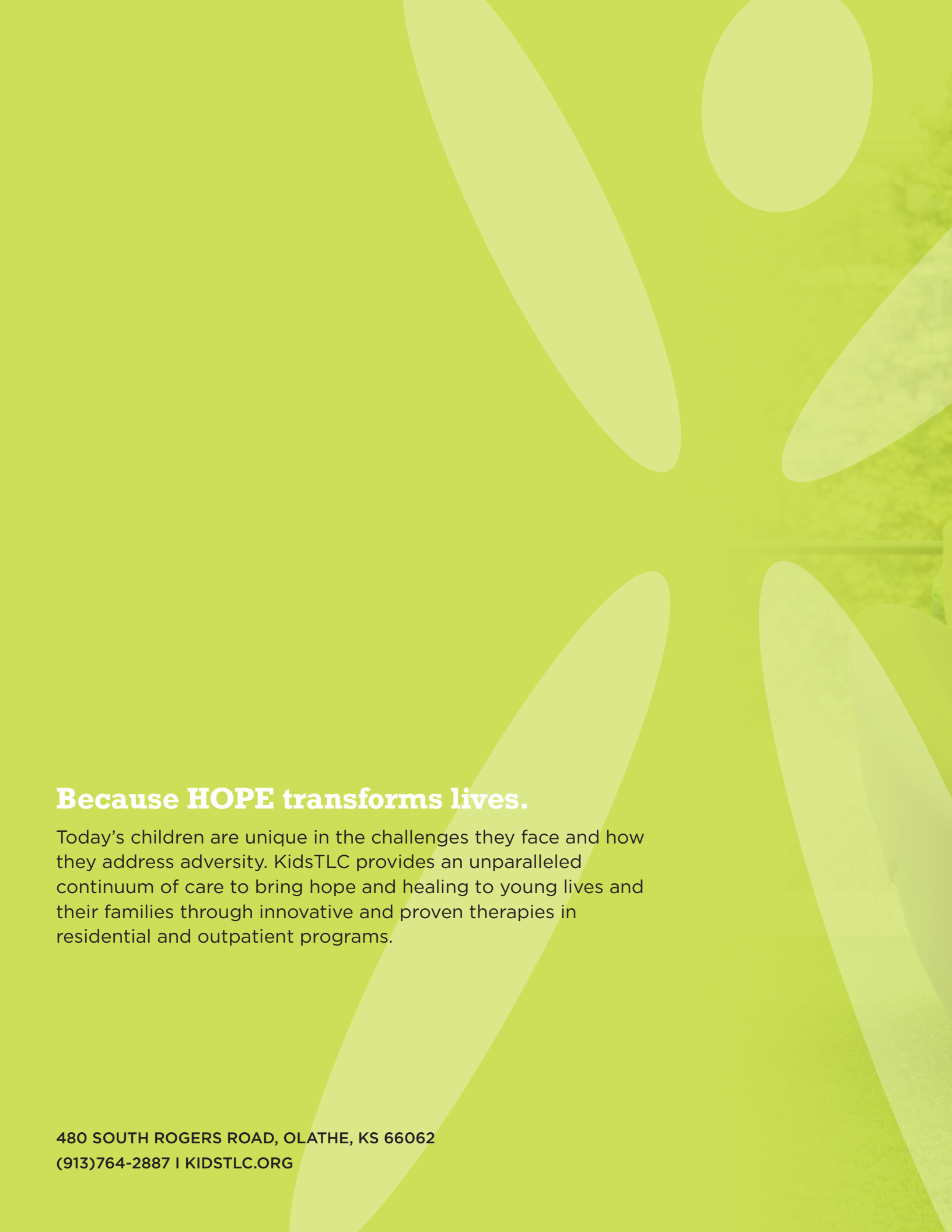
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*ATF dollars are pooled contributions from Johnson County Government and the following cities: Gardner, Leawood, Lenexa, Merriam, Mission, Olathe, Overland Park, Prairie Village and Shawnee.

**HSF, Collaboration of Johnson County Local Government were pooled contributions from Johnson County government and the following cities: DeSoto, Edgerton, Gardner, Leawood, Lenexa, Merriam, Mission, Olathe, Overland Park, Prairie Village, Roeland Park, Shawnee, Spring Hill and Westwood.



Because **HOPE** transforms lives.

Today's children are unique in the challenges they face and how they address adversity. KidsTLC provides an unparalleled continuum of care to bring hope and healing to young lives and their families through innovative and proven therapies in residential and outpatient programs.

480 SOUTH ROGERS ROAD, OLATHE, KS 66062
(913)764-2887 | KIDSTLC.ORG