

## Speaker Profile

# Dan Hughes

Ph.D., Founder of DDP  
Certified DDP Practitioner, Consultant and Trainer

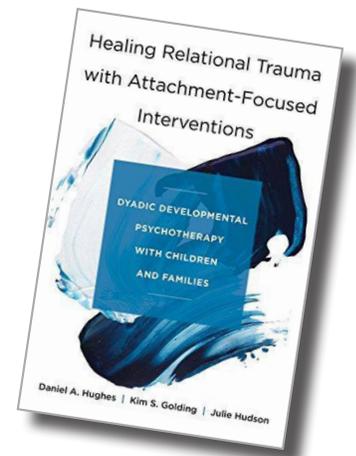
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Dan Hughes, Ph.D. is a clinical psychologist who founded and developed Dyadic Developmental Psychotherapy (DDP), the treatment of children who have experienced abuse and neglect and demonstrate ongoing problems related to attachment and trauma. This treatment occurs in a family setting and the treatment model has expanded to become a general model of family treatment.

Dan has conducted seminars, workshops, and spoken at conferences throughout the US, Europe, Canada, and Australia for the past 20 years. He is also engaged in extensive training and supervision in the certification of therapists in his treatment model, along with ongoing consultation to various agencies and professionals. He is the founder of DDPI a training Institute which is responsible for the certification of professionals in DDP. Information about DDPI can be found on [ddpnetwork.org](http://ddpnetwork.org)

Dan is the author of many books and articles. These include "Building the Bonds of Attachment," 3rd Ed. (2017), "Attachment-Focused Family Therapy Workbook" (2011) and, with Jon Baylin, "Brain-Based Parenting" (2012) and "The Neurobiology of Attachment-Focused Therapy" (2016). Along with Kim Golding and Julie Hudson, Dan has recently had published "**Healing relational trauma with attachment-focused interventions: Dyadic Developmental Psychotherapy with children and families**" (W.W. Norton, 2018).

Dan has a limited practice in South Portland, Maine, USA. His website can be found at [www.danielhughes.org](http://www.danielhughes.org).



## Session Topics

### Workshop (Mon.):

*Healing relational trauma through  
Dyadic Developmental Psychotherapy:  
An Introduction to DDP*

Workshop Outline:

1. Trust and Mistrust: Attachment and Developmental Trauma
2. Principles of DDP: Intersubjectivity, Conversations, and Stories along with PACE
3. Interventions of DDP: Holding Safety while resolving trauma and co-creating new narratives within Attachment-based individual and family therapy
4. Attachment-based principles and Interventions for providing care.

### Session Topic (Tues., 1-hr):

*To Fully Listen is to Fully Respond to  
the Other: Moment to Moment*

This presentation describes how listening—truly listening—involves visiting the mind of the other person, discovering their uniqueness, and becoming engaged with them in a reciprocal conversation. Within the emerging relationship, a coherent story—one without shame or fear—is being co-created.

KidsTLC, in collaboration with the DDP Institute, presents:



*The Power of Deep Listening to  
Heal, Connect and Transform:  
Insights from DDP and Beyond*



Session order tbd