

WHAT

At KidsTLC, we believe that you should celebrate who you are, what makes you unique and why you matter. Our **LGBTQ/Gender Affirming therapeutic services** are aimed at supporting the overall physical, mental and social health of individuals and their families as they navigate the process of sexual orientation and gender identity development. Services may include: individual, family and group therapies as well as education and referrals for medical and behavioral health support options, advocacy, legal services and community resources and activities. Gender Affirming Therapy is provided through evidence-based care and the Standards of Care guidelines established by the World Professional Association of Transgender Health (WPATH).

WHO

This specialty clinic aims to serve the LGBTQ community by offering family-centered services for transgender, non-binary, gender-variant, gender-questioning, lesbian, gay, bisexual, pansexual or questioning adolescents. Our therapists can help your teen work through fears, concerns and questions in healthy ways to mitigate distress, anxiety, social isolation, and depressive symptoms. It should also be noted that several of our therapists have been trained in providing evidence-based affirming clinical care.



WHY

Research shows that kids and teens who are accepted and affirmed have higher self-esteem, positive mental health, less depressive and anxious symptoms, greater life-satisfaction, compared to youth whose families are not supportive. Addressing identity and social issues in therapy can help your teen feel better about his/her or themselves and strengthen his/her/their ability to develop lasting, healthy relationships now and throughout life.

We believe in providing an affirming and accepting therapeutic environment for your teen and family.

“ Providing a safe, therapeutic environment as you embrace self-acceptance and become comfortable with yourself, leads to a healthy, fulfilling life. ”

WHERE?

LOTUS CLINICS AT KIDSTLC

401 S. Clairborne Road, Suite 302
Olathe, KS 66062

- **For referrals & more information:**
913.324.3658
- **KidsTLC Main Office:**
913.764.2887



Mental & Behavioral Health • Autism • Family Support

LGBTQ & GENDER AFFIRMING THERAPY